

## XXVII CARREIRA A PÉ - LIRA (2022)

10K

### Clasificación General

Puesto	Dorsal	Nombre	Apellidos	Género	Categoría	T. Oficial	Ritmo	Tiempo Neto	Ritmo Neto	Club
1	8	AMADEO	ABAL CHAVES	M-1	SNM-1	00:33:49	00:03:23	00:33:48	00:03:23	CARNICAS SERRANO
2	15	ALEJANDRO	PESADO FERNÁNDEZ	M-2	VTM-1	00:34:23	00:03:27	00:34:21	00:03:27	CLUB ATLETISMO SAR
3	33	CRISTIAN	MUIÑO VARELA	M-3	SNM-2	00:34:43	00:03:29	00:34:41	00:03:29	TRIATLON ARCADE INFORHOUSE SA
4	5	RUBEN	INSUA DIAZ	M-4	SNM-3	00:35:48	00:03:35	00:35:46	00:03:35	ATLETISMO SAR
5	10	CARLOS	JUANATEY GARCIA	M-5	VTM-2	00:36:11	00:03:38	00:36:08	00:03:37	CLUB ATLETISMO NOIA
6	24	ALBERTO	TOMÉ BRANDÓN	M-6	SNM-4	00:36:29	00:03:39	00:36:27	00:03:39	FOGAR TRIATLON CARBALLO
7	31	JOSECHO	GONZÁLEZ REY	M-7	VTM-3	00:37:42	00:03:47	00:37:39	00:03:46	PRAIA DE CARNOTA RUNNERS
8	455	XURXO	CARBALLO MONTE	M-8	VTM-4	00:38:30	00:03:51	00:38:27	00:03:51	CLUB TRIATLÓN DE MUROS
9	454	DAVID	CABEZA JAREÑO	M-9	VTM-5	00:39:07	00:03:55	00:39:05	00:03:55	
10	4	KIKO	LAGO SANTIAGO	M-10	VTM-6	00:39:43	00:03:59	00:39:40	00:03:58	ASOCIACIÓN DEPORTIVA OLIMPIA
11	7	JOSE JAVIER	GOMEZ IGLESIAS	M-11	VTM-7	00:39:51	00:04:00	00:39:49	00:03:59	BURGAS ATLETISMO OURENSE
12	13	MICHEL	MARTINEZ NIETO	M-12	VTM-8	00:40:01	00:04:01	00:39:58	00:04:00	CLUB ATLETISMO OUTES
13	35	FERNANDO	OTERO LADO	M-13	XVM-1	00:40:39	00:04:04	00:40:39	00:04:04	TRIKITEAM
14	12	JOSÉ	BUJÁN GONZÁLEZ	M-14	VTM-9	00:40:52	00:04:06	00:40:49	00:04:05	CLUB ATLETISMO OUTES
15	25	MANUEL FRA	RODRIGUEZ FERNÁNDEZ	M-15	SNM-5	00:41:03	00:04:07	00:41:01	00:04:07	KURAI
16	140	ROBERTO	VIEITO RAÑA	M-16	VTM-10	00:41:14	00:04:08	00:41:11	00:04:08	
17	28	JAVIER	BARREIRO CORDEIRO	M-17	VTM-11	00:41:20	00:04:08	00:41:16	00:04:08	NOSPORTLIMIT
18	56	SEBASTIÁN	PÉREZ MUROS	M-18	SNM-6	00:41:43	00:04:11	00:41:38	00:04:10	
19	101	DAVID	HERNÁNDEZ SÁNCHEZ	M-19	SNM-7	00:41:46	00:04:11	00:41:41	00:04:11	C.D GRUPO CANDELARIENSE DE MO
20	21	ÁLVARO	PIÑERA MAYO	M-20	SNM-8	00:42:11	00:04:14	00:42:08	00:04:13	CLUBE DE ATLETISMO SERRES RUN
21	112	JOSE MARIA	FORMOSO SENANCI	M-21	VTM-12	00:42:34	00:04:16	00:42:33	00:04:16	O JUAPO DE LIRA
22	20	JUAN CARLOS	FERNÁNDEZ LAGO	M-22	VTM-13	00:43:00	00:04:18	00:42:55	00:04:18	CLUBE DE ATLETISMO SERRES RUN
23	46	ABEL	LADO FIGUEIRAS	M-23	VTM-14	00:43:14	00:04:20	00:43:10	00:04:19	
24	456	ESTEBAN	LADO CASTIÑEIRA	M-24	SNM-9	00:43:18	00:04:20	00:43:09	00:04:19	
25	58	ANTONIO	VAZQUEZ BALADO	M-25	SNM-10	00:43:23	00:04:21	00:43:19	00:04:20	
26	119	DAVID	BARQUILLA GARCIA	M-26	VTM-15	00:43:27	00:04:21	00:43:24	00:04:21	TRICAM
27	32	FÉLIX	ROGET PÉREZ	M-27	VTM-16	00:44:03	00:04:25	00:44:03	00:04:25	TERRA DE SONEIRA C.D.
28	44	MARCOS	GARCIA SOÑORA	M-28	SNM-11	00:44:08	00:04:25	00:44:08	00:04:25	
29	103	ALBERTO	ÁLVAREZ BOUZAS	M-29	SNM-12	00:44:10	00:04:25	00:44:10	00:04:25	CLUB ATLETISMO TAMBRE
30	27	NATALIA	LORENZO PÉREZ	F-1	VTF-1	00:44:16	00:04:26	00:44:11	00:04:26	NOITEBRA FC
31	36	ANTONIO	BARREIRO CORDEIRO	M-30	VTM-17	00:44:26	00:04:27	00:44:21	00:04:27	
32	118	MIGUEL	LESTÓN FABEIRO	M-31	VTM-18	00:44:48	00:04:29	00:44:43	00:04:29	TRIBU TRAIL
33	105	ANTONIO	BAZARRA AGULLA	M-32	VTM-19	00:45:44	00:04:35	00:45:36	00:04:34	CLUBE ATLETISMO OUTES
34	37	DIEGO	BELLO GRAIÑO	M-33	SNM-13	00:46:12	00:04:38	00:45:37	00:04:34	
35	137	BRAIS	SENDÓN LAGO	M-34	SNM-14	00:46:29	00:04:39	00:46:25	00:04:39	

36	53	VICTOR	PEREIRA BELLO	M-35	VTM-20	00:46:45	00:04:41	00:46:37	00:04:40	
37	57	BENITO	PIÑEIRO ABEIJON	M-36	VTM-21	00:46:59	00:04:42	00:46:46	00:04:41	
38	34	ALEJANDRA	FORMOSO RECARE	F-2	XVF-1	00:47:21	00:04:45	00:47:19	00:04:44	TRIKI TEAM
39	23	FERNANDO	VIDAL SANDE	M-37	SNM-15	00:47:24	00:04:45	00:47:16	00:04:44	CLUBE DE ATLETISMO SERRES RUN
40	47	JAVIER	LIRES CALO	M-38	VTM-22	00:47:35	00:04:46	00:47:30	00:04:45	
41	109	IAGO	ROMERO	M-39	SNM-16	00:47:40	00:04:46	00:47:34	00:04:46	CLUBE DE ATLETISMO SERRES RUN
42	106	MANUEL	FERNANDEZ NIMO	M-40	SNM-17	00:47:41	00:04:47	00:47:34	00:04:46	CLUBE DE ATLETISMO SERRES RUN
43	453	PEDRO	PASTORIZA LAGO	M-41	SNM-18	00:47:52	00:04:48	00:47:45	00:04:47	
44	102	DAVID	SEIJAS BUA	M-42	VTM-23	00:47:53	00:04:48	00:47:48	00:04:47	CLUB ATLETISMO SERRES RUNNERS
45	121	EDUARDO	BLANCO ALVAREZ	M-43	VTM-24	00:48:23	00:04:51	00:48:16	00:04:50	
46	117	CRISTIAN	RIOMAYOR RODRIG	M-44	SNM-19	00:48:32	00:04:52	00:48:29	00:04:51	SERRES RUNNERS
47	40	DOMINGO D.	CANOSA BLANCO	M-45	SNM-20	00:48:42	00:04:53	00:48:34	00:04:52	
48	11	RAMÓN	BARREIRO CERNAL	M-46	VTM-25	00:48:42	00:04:53	00:48:35	00:04:52	CLUB ATLETISMO OUTES
49	14	ÓSCAR	FIGUEIRAS TOREA	M-47	VTM-26	00:48:43	00:04:53	00:48:36	00:04:52	CLUB ATLETISMO OUTES
50	108	ROMINA	LUCES GONZÁLEZ	F-3	SNF-1	00:49:08	00:04:55	00:49:04	00:04:55	CLUBE ATLETISMO SERRES RUN
51	111	GONZALO	SESTAYO GARCIA	M-48	SNM-21	00:49:09	00:04:55	00:49:05	00:04:55	EN LAS NUBES
52	42	RAMON	FEDERICO COTON	M-49	VTM-27	00:49:26	00:04:57	00:49:26	00:04:57	
53	30	ALBERTO	ANDRADE LAGO	M-50	VTM-28	00:49:42	00:04:59	00:49:38	00:04:58	OLIMPIA
54	43	TINA	FORMOSO NOCEDA	F-4	VTF-2	00:49:43	00:04:59	00:49:40	00:04:58	
55	129	LINO	DOSIL FORMOSO	M-51	VTM-29	00:49:44	00:04:59	00:49:41	00:04:59	
56	18	FERNANDO I	CASTRO CASTRO	M-52	VTM-30	00:49:54	00:05:00	00:49:44	00:04:59	CLUBE ATLETISMO OUTES
57	3	JUAN CARLOS	CAMBEIRO BLANCO	M-53	VTM-31	00:51:16	00:05:08	00:51:14	00:05:08	ASOCIACIÓN DEPORTIVA OLIMPIA
58	49	LURDES	MARTINEZ MOSQUI	F-5	VTF-3	00:51:40	00:05:10	00:51:37	00:05:10	
59	127	MIGUEL	DÍAZ VARELA	M-54	VTM-32	00:51:54	00:05:12	00:51:54	00:05:12	
60	126	JORGE	DEL RIO GONZÁLE	M-55	SNM-22	00:51:55	00:05:12	00:51:55	00:05:12	
61	52	MARTA	PEREIRA BELLO	F-6	SNF-2	00:51:58	00:05:12	00:51:50	00:05:11	
62	1	OLGA	POSE CHOUCIÑO	F-7	VTF-4	00:52:14	00:05:14	00:52:08	00:05:13	ABELLARIZA
63	125	JUAN MANUEL	CHOUCIÑO BAZÁN	M-56	VTM-33	00:52:14	00:05:14	00:52:08	00:05:13	
64	104	BENITO	GONZALEZ VARELA	M-57	VTM-34	00:52:17	00:05:14	00:52:12	00:05:14	CLUB ATLETISMO TAMBRE
65	6	LUIS	VIÑA DOMÍNGUEZ	M-58	VTM-35	00:52:31	00:05:16	00:52:27	00:05:15	BEER RUNNERS CORUÑA
66	51	MARIA JOSE	PEREIRA BELLO	F-8	SNF-3	00:52:32	00:05:16	00:52:24	00:05:15	
67	131	GABINO	FARIÑAS GONZÁLE	M-59	VTM-36	00:52:36	00:05:16	00:52:26	00:05:15	
68	55	MIGUEL	PEREZ LOPEZ	M-60	SNM-23	00:52:45	00:05:17	00:52:39	00:05:16	
69	54	GONZALO	PEREZ LOPEZ	M-61	VTM-37	00:52:45	00:05:17	00:52:40	00:05:16	
70	19	JOSÉ	RIAL PAIS	M-62	VTM-38	00:52:59	00:05:18	00:52:48	00:05:17	CLUBE ATLETISMO OUTES
71	124	MARCOS	CANDAMO FERNAN	M-63	VTM-39	00:53:00	00:05:18	00:53:00	00:05:18	
72	22	FÉLIX	REBOLLIDO FERNÁN	M-64	VTM-40	00:53:14	00:05:20	00:53:07	00:05:19	CLUBE DE ATLETISMO SERRES RUN
73	133	CARLA	GONZÁLEZ BARGO	F-9	SNF-4	00:53:36	00:05:22	00:53:30	00:05:21	
74	110	SARA	ROMERO	F-10	SNF-5	00:53:36	00:05:22	00:53:32	00:05:22	CLUBE DE ATLETISMO SERRES RUN
75	123	TINO	CAAMANHO	M-65	VTM-41	00:53:44	00:05:23	00:53:33	00:05:22	
76	2	JOSÉ MANUEL	BLANCO NOVO	M-66	VTM-42	00:53:54	00:05:24	00:53:50	00:05:23	ASOCIACIÓN DEPORTIVA OLIMPIA

77	136	XABIER	MONTEAGUDO NEII	M-67	VTM-43	00:54:49	00:05:29	00:54:40	00:05:28	
78	452	REBECA	CASTIÑEIRAS GALL	F-11	VTF-5	00:54:55	00:05:30	00:54:47	00:05:29	CLUB ATLETISMO SERRES RUNNERS
79	116	JESUS	PÉREZ TRILLO	M-68	VTM-44	00:55:02	00:05:31	00:54:52	00:05:30	PRAIA DE CARNOTA RUNNERS
80	113	QUIQUE	ABATI GOMEZ	M-69	VTM-45	00:55:02	00:05:31	00:54:53	00:05:30	PRAIA DE CARNOTA RUNNERS
81	114	ENDIKA	BATARRITA LAGUN	M-70	VTM-46	00:55:41	00:05:35	00:55:32	00:05:34	PRAIA DE CARNOTA RUNNERS
82	50	SANTIAGO	MOROÑO ARENAS	M-71	VTM-47	00:55:44	00:05:35	00:55:17	00:05:32	
83	48	XOSE RAMO	LOPEZ TOJA	M-72	VTM-48	00:56:23	00:05:39	00:56:17	00:05:38	
84	115	JUAN	LESTÓN FABEIRO	M-73	VTM-49	00:56:23	00:05:39	00:56:15	00:05:38	PRAIA DE CARNOTA RUNNERS
85	128	SEAN	DONALDSON	M-74	VTM-50	00:56:33	00:05:40	00:56:28	00:05:39	
86	138	MANUEL	VARELA BELLO	M-75	VTM-51	00:56:38	00:05:40	00:56:31	00:05:40	
87	107	JUAN MANUEL	FIUZA DEL RÍO	M-76	VTM-52	01:00:26	00:06:03	01:00:21	00:06:03	CLUBE DE ATLETISMO SERRES RUN
88	26	LOURDES	PRIETO VIEITES	F-12	VTF-6	01:01:53	00:06:12	01:01:46	00:06:11	NO TENGO
89	451	MERCEDES	LAGO SENANDE	F-13	VTF-7	01:07:32	00:06:46	01:07:32	00:06:46	
90	122	MARÍA AURORA	BLANCO FERRADÁ	F-14	VTF-8	01:07:36	00:06:46	01:07:33	00:06:46	
91	132	ANTONIO	GARCÍA ABALO	M-77	VTM-53	01:07:36	00:06:46	01:07:33	00:06:46	
92	29	RALUCA MIHAIL	POENAR	F-15	SNF-6	01:09:19	00:06:56	01:09:11	00:06:56	NOSPORTLIMIT